

STA Suggested Timetable For 'At Home Learning'

Please customise the suggestions to suit your own family routine. Your child/ren don't need to be at 'school' all day- you can start earlier or later, or you could be finished by 12pm and this is ok! This timetable is flexible, however establishing a routine is important. A suggestion that you might find helpful is perhaps one child could be working on their English task because it is independent work for them, while another child works on their maths, because they need your help. Someone can be working on an offline task, while another is on a device. At the scheduled time, teachers will contact students via Zoom, Google Classroom or Seesaw for a roll call, prayer and a formal lesson for the assigned subject of the day. Please see the schedule for Zoom lessons below.

When you wake up!	Food time	Wake up and have a healthy breakfast (remember to wash your hands before and after eating)
8:15am	Helping time	Clean the bathroom, do the dishes, make your bed, tidy your room
8:30am	Activity time	Do something active, outside if you can (wash your hands before learning time)
9am-10am	Learning time: offline and online options, can be timetabled by parents to share devices	<p>Literacy and Mathematics in the morning while everyone is fresh!</p> <p>Read to self, elbow to elbow, have someone read to you!</p> <p>Your teacher will contact you via Zoom throughout the day for your formal lesson! Check the timetable for your session time!</p> <p>Literacy: Choose from the tasks set by your teacher for the week for reading, writing, handwriting practice, spelling, word work or sight words</p> <p>Activities on Seesaw (P-2) or your Google Classroom (3-6)</p>
10.30am	Food time	Teach each other your class' eating prayer. Have a healthy lunch (remember to wash your hands before and after eating)
11:00am	Activity/ family/free time time	Remember to wash your hands after!
12:00pm	Learning time: offline and online, can be timetabled by parents to share devices	<p>Mathematics</p> <p>Religion</p>
1pm	Food/break time	Say your prayer before eating. Have a healthy snack (remember to wash your hands before and after eating)
1:30pm	Quiet time	Meditation, read a book, art and craft, play a board game together
2:00pm	Learning time	<p>HASS or Science</p> <p>Your teacher will contact you throughout the afternoon by Zoom, Google Classroom or Seesaw!</p> <p>3:00pm to finish the school day</p>
3:00pm	Activity/Family time	Time to play (remember to wash your hands)

