



Newsletter

FROM THE *Principal*



CLASSROOM LEARNING RECOMMENCES FOR YEARS 2-6 | “Learning From Home” for students in years 2-6 finishes at the end of this week. The staff of St Anne’s welcome all students back to the classroom with open arms next Monday, 25th May. It will be very exciting to have the whole school together again.

While things will still be somewhat different to what we are used to, with social distancing restrictions in place where required, it will be great to be able to regain some sense of normality in all our lives. A big thank-you to all parents who have supported us in the education of their children throughout this difficult time.

CONGRATULATIONS TO ASHLEIGH & MATT CARMODY | Congratulations go to Ash & Matt on the birth of their beautiful daughter Hayley Jane Carmody. Hayley was born at 1:33am on the 30.3.20 weighing 7 pound 8 ounces and 51cm long. Welcome to the St Anne’s Community Hayley. We all look forward to meeting you in person soon.



4994 8285



3 Range Rd,
Sarina, 4737



www.sasrok.catholic.edu.au
<https://313sas.rok.catholic.edu.au/parentlounge/>

ENROLMENT APPLICATIONS FOR 2021 | We are currently accepting 2021 Enrolment Applications for Prep and all other year levels in preparation for interviews in Term 3.

To submit an application you must complete this online via this link:

<http://sasrok.catholic.edu.au/documents/enrolment.html>

If you have difficulties submitting an application for 2021 please contact the school office phone 4994 8285 as soon as possible and they will help you troubleshoot.

Now Enrolling!



"Love the Lord your God with all your heart, with all your soul, with all your strength, and with all your mind, and your neighbour as yourself" - (Luke 10:27)



Making Jesus Real @ St Anne's

- Donate small items such as pencils, pens, school supplies, food, clothing to our giving box
- Donate money to the Mission Box located in the office
- Prepare a cooked meal to be frozen and passed on to individuals and families in our community
- Support our school recycling program by collecting cans, bottles, plastic lids

Our efforts go a long way to improving the lives of people in our school, local and wider community. Thank you for your ongoing support of this important work.



Student Protection Contacts



Mr John Ballinger-Oches
Principal



Mr Stuart Presley
APRE



Mrs Linda Holmes
APC



Mrs Dee Trannore
School Counsellor

Term 2 School Fee invoices will be emailed to parents this week.

To assist families, the normal collection term will be extended to 28 days thereafter.

For those with an eligible government health concession card, the automatic discount on the tuition fee component of Term 2 school fees will increase from 70% to 100%. (**Please note:** All other levies, such as Building Fund Levy and Technology Levy, will still apply).

Two new concession card categories will also be eligible for the 100% tuition fee discount for Term 2 - the Job Seeker Payment (JSP) and the Farm Household allowance (FH).

We ask that you please present your concession card or Centrelink digital evidence to the school office as soon as possible, so that records can be updated before Term 2 invoices are issued.

Families without a concession card but who are experiencing financial stress as a result of the coronavirus are encouraged to contact Mr Oches. These discussions will be strictly confidential and respectful. A simplified concession application form is available.

If you have any further fee queries, please do not hesitate to contact Mrs Barnard (Finance Secretary).

STUDENTS OF THE *Week*

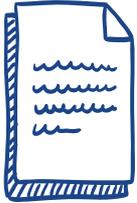
Congratulations to our Students of the Week | Katelyn, Harry, Charlotte D, Charlotte W, Taysha, Peyton, Lucas, Indee, Lucy, Noah, Lilly, Kiara, Khai, Neena, Mitchell, Dain, Peyton, Zeva, Xanthya, Chase, Flynn, Axl, Jasmine, Adrian, Lachlan, Seth, Wyatt.



NO HAT



NO PLAY



NOTES

Date	To	Topic	Author
11/05	All Parents	Newsletter T2 w4	Admin
14/05	Yr 6	Holes Permission slip	Mr Frost



BIRTHDAYS

18/05	Dain	19/05	Rhylee
24/05	Stacey	24/05	Ellani
24/05	Sammy-Jo		

Tuckshop
Helpers

This week Tuckshop will be open on Thursday 21st May only. Help appreciated. If you can help please contact Nina or the office.

THE GOOD News



Something to Think About

Even though we cannot see Jesus, we can experience his presence in many different ways. The Spirit is at work in the world, bringing love, joy, kindness, patience and gentleness. The main message in today's gospel is to love Jesus and to do as he commands. What does love look like.... feel like.... and sound like?

The Story

Jesus reminds the disciples that the way to show their love for him is to keep his commandments. However, the disciples are still fearful and anxious so Jesus promises them a comforter and helper – the Holy Spirit. They are not to feel alone or like orphans. The Holy Spirit will help them to know Jesus as the one sent by the Father.



The Scriptures - John 14:15-17, 19-20

A Reading from the Holy Gospel according to John

Jesus said to his disciples:

"If you love me, you will do as I command.

Then I will ask the Father to send you the Holy Spirit who will help you and always be with you.

The Spirit will show you what is true.

In a little while the people of this world won't be able to see me, but you will see me.

And because I live, you will live.

Then you will know that I am one with the Father.

You will know that you are one with me, and I am one with you."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Family Discussion

Begin by talking about activities we need help with before we can do them on our own, e.g. riding a bike, swimming, tying shoelaces. Now talk about activities that we still need help with e.g. learning a new language, baking a new recipe. Help is something we need all through our lives!! This is true for us as disciples of Jesus. Talk about times when you have needed help to show your love for Jesus by keeping his commandments.

Family Activity

In the gospel, Jesus reminded the disciples that they show their love for him when they keep his commandments. Imagine you are responsible for writing some rules for the 21st century. What would some of these be? Put a copy of your 21st century commandments on your fridge door.



**JESUS SAID:
 'MY FATHER WILL
 LOVE YOU AND
 I WILL LOVE YOU'**



**SEE IF YOU CAN FIND THE
 WORD 'LOVE' TWELVE
 TIMES IN THIS PUZZLE**

[Masses from St Joseph's Cathedral, Rockhampton](#)

Our chief shepherd, Bishop Michael McCarthy, continues to lead the Rockhampton Diocese in mass on weekdays and on Sundays. Whilst we can't be together physically for mass, we are as one church connected spiritually. All parents, families and parishioners are invited to join Bishop Michael for mass. Access to the St Joseph's Cathedral YouTube stream can be found at <https://www.youtube.com/user/StJosephsCathRton/videos>

[Making Jesus Real \(MJR\) - Weeks 5 and 6](#)

Believe in Yourself

Life is not easy and we come across many challenges. Getting through difficult times in life takes faith and trust - faith and trust in God and in ourselves also. Having confidence in yourself and your abilities can help you to get through challenges and past obstacles. Having support from family or friends can provide the encouragement needed to galvanise ourselves into action. Have the courage to ask for help when needed and to tackle any problem one step at a time.

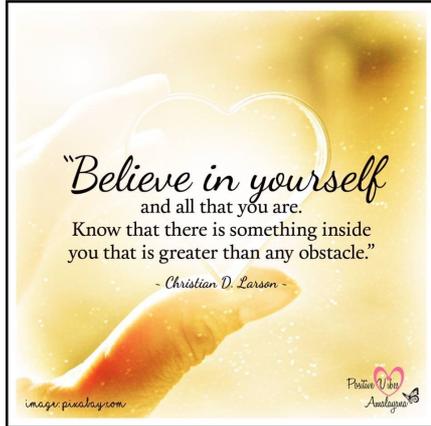
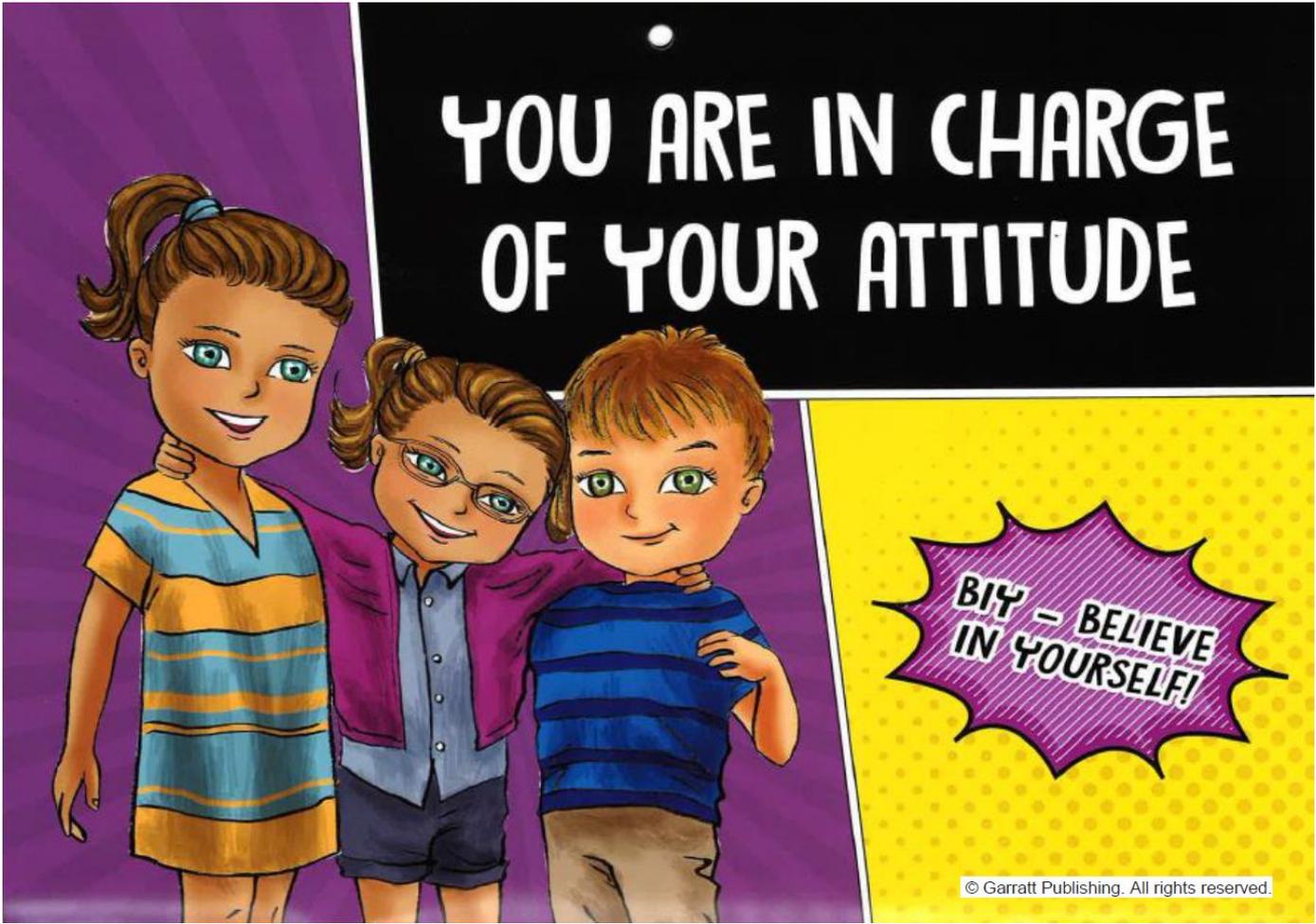


Image obtained from: <http://www lovethispic.com/image/226673/believe-in-yourself-and-all-that-you-are>



From the Counsellor



After nearly eight weeks at home, it is time to start getting ready to come back to school. For some students, this could be exciting, getting to see their friends again, the return of normalcy. For others though, this could be causing a great deal of anxiety.

Here are some helpful tips provided by Beyond Blue to help your family prepare for the return to school:

- Get back into the school-day routine at least a week early – waking up, eating and going to bed at regular times.
- Get your child involved in planning out their lunches and snacks for the first week back.
- For anxious kids, plenty of detail can be calming. Talk through the steps of getting to their classroom: "And then we unpack our bag and put it in the bag rack; we say hi to our friends; we find our seat...etc". Those students who are used to being walked into the classroom may need some more information regarding how drop off will look like without parents entering the school. Make sure you are aware of the new drop of procedure for school and talk about this with your child.
- Stick to familiar routines as much as possible. Try to have a calm evening and allow more time to settle before bedtime if your child is feeling excited or nervous about school.
- Help your child pack their bag the night before. A visual checklist can help them remember what they need to take. Lay out their clothes so everything's ready for the morning.
- Allow some extra time to get ready on day one so you're not rushing.

As parents, you may also be feeling anxiety towards the return to school and worry about them settling or separating at the start of the day. Kids are really aware of how we are feeling, so it is important that we also put on a brave face and be as positive as we can. If we act like we are nervous and scared, they will see this and worry that if Mum or Dad is scared of school then they should be too.

If you have any other concerns regarding returning to school, feel free to email me (donnetta_trannore@rok.catholic.edu.au).



Sometimes
heroes
need helping too!

Feeling the pressures of ISO life?

As a parent, keeping you and your family's **mental wellbeing** in check is **important**. We are here to help you through these challenging times.

- Isolation getting too much
- Kids are bored at home
- Learning from home is a struggle
- Tensions are building at home
- Unrealistic expectations of life
- Feelings of hopelessness
- Feelings of loneliness
- Depression or anxiety
- Missing distant family members
- Relationship troubles

Centacare offers professional and confidential **counselling** and **psychology** services. Sessions can be conducted over the **phone** or via **video chat**.



To make an appointment, call **1300 523 985**
or visit: centacarecq.com/counsellor-booking/

*Psychology appointments can be arranged as Telehealth and Bulk Billed through Medicare.

 **Centacare**
A Ministry of the Catholic Bishops of Queensland



RATEP 2020 MID-YEAR APPLICATIONS ARE NOW OPEN !!

- ❖ Andergrove SS is indeed extremely fortunate to be the “home” of RATEP, for the Mackay region.
- ❖ RATEP (Remote Area Teacher Education Program) is a community-based Aboriginal and Torres Strait Islander Teacher Education Program, that enables Aboriginal and Torres Strait Islander people to become registered teachers, Community Education Counsellors or qualified teacher aides.
- ❖ TAFE Course **Certificate III in Education** for adults - training runs from **July 2020 to June 2021 or June 2022**. (Full-time approx. 18 hrs/week for one year, or Part-time approx. 9 hrs/week for two years).
- ❖ TAFE Course **Certificate IV in Education** for adults - training runs from **July 2020 to June 2021**. Part-time approx. 18 hrs/week, for one year).
- ❖ TAFE Course **Diploma in Education** for adults - training runs from **July 2020 to December 2021**. (Part-time approx. 20 hrs/week for 1.5 years).
- ❖ **JCU Bachelor of Education** for adults, 4 years’ full-time course or additional years part time.
- ❖ Highly subsidised training and payment plans are available, so that **no fee is payable at the commencement of a course.**
- ❖ Financial assistance for travel and accommodation to attend residential blocks in Cairns and field trips is also available, for ***TAFE Certificates III, IV and Diploma Courses.***

- ❖ For further information contact RATEP Teacher Coordinator, **Kerry Cronin**:
 - Phone: **4998 9333** or **0408 528 604**
 - e-mail: kcron3@eq.edu.au
 - Facebook: www.facebook.com/RATEPMackay *or*
 - call into the **RATEP Room, in Building, beside Andergrove SS’s main entry driveway, in Banksia Avenue, Andergrove.**